



THE ASFA PRESENTS

BRISBANE CONFERENCE 2023

TIME TO RECONNECT!

July 6-9, 2023
Queensland University of Technology
Kelvin Grove Campus



SCHEDULE OF EVENTS

THURSDAY JULY 6, 2023

9:30am - 4:30pm

Pre-Conference Workshop with Haesun Moon, PhD
The DOQ Masterclass - From Mystery to Mastery

FRIDAY JULY 7, 2023

Introductions and Acknowledgements
Keynote Session with special conference guest
Haesun Moon (Canada) 9am - 1pm

Special afternoon session from 2pm - 5pm

Dion Sing hosting a session on Child Protection Practice in a What Works Approach, followed by launching his new book. An interview between Dion and Adrian Holmes will explore how the book came to be and what it offers for SF supervision practice. Session to be followed by some complimentary drinks and food platters at the local Normanby Hotel!

SATURDAY JULY 8, 2023

Sessions running all day from 9am to 6pm

In the interests of creating connections, we have elected to compress the program to 1 session in each time bracket so we can all stay together. Final session of the day will be the ASFA AGM which everyone is encouraged to attend.

SUNDAY JULY 9, 2023

9am to 1pm

David Hains interviewing one of the founders of SF, Kate Kowalski, via Zoom from her home in Arkansas, USA
Final reflections & learnings conversation hosted by
Haesun Moon and Adrian Holmes

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FRIDAY SCHEDULE

SESSION 1 KEYNOTE SESSION WITH DR HAESUN MOON 9AM TO 1PM

Haesun Moon, Ph.D., is a Communication Scientist and Author who is our keynote speaker from Canada for the conference!

Curating Progress: Reconnecting with Purpose, Possibilities, and Preference

Picture this - you sit down with a new client, and before you jump into your well-rehearsed textbook interventions, you're struck by a few burning curiosities. What's the matter? Why are they here? What are their hopes, their dreams? In short, what's their story? These micro-curiosities we hold of another "human in progress" is what keeps the conversation recursive, and even curative.

In this keynote address, we will explore how we can expand this curative potential of conversations using a SF approach. Drawing on the latest research in communication science and the Dialogic Orientation Quadrant (DOQ), we will explore how solution-focused practice can help individuals and organisations curate progress and reconnect with their purpose, possibilities, and preference. We'll explore the power of preferred narratives and interactions, and how solution-focused practice can help us weave together the past, present, and future.

Whether you're a therapist, counsellor, coach, mentor, or anyone interested in the transformative potential of conversations and solution-focused practice, this session is for you.

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FRIDAY SCHEDULE

SESSION 2 AFTERNOON SESSION WITH DION SING 2PM TO 5PM

Dion has been in the community services and Aboriginal community controlled organisation area for over 15 years, from youth Residential care to Child protection in Aboriginal organisations. Over this time he has been experimenting with Solution Focused ideas.

Dion is now a consultant, supervisor, trainer, and coach and mostly consults for Aboriginal organisations and provides external supervision for a range of individuals and organisations. Dion has recently completed writing a handbook as a resource for supervisors who want to explore using Solution-Focused skills in supervision. Dion is married, has two young kids, and lives on a boat anywhere on the QLD coast.

Session Overview

This session will be in two parts:

1. Dion will present and host a conversation on using a What Works? approach in child protection practice, followed by...
2. Adrian Holmes (conference organiser) will interview Dion about his new book on SF Supervision practice to celebrate the launch of the book at the conference!

**SESSION TO BE FOLLOWED BY DRINKS AND
FOOD PLATTERS AT THE NEARBY
NORMANBY HOTEL!**

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SATURDAY SCHEDULE

SESSION 1 JASON PASCOE 9AM TO 10AM

Jason Pascoe is an experienced professional with a diverse background in coaching, mentoring, facilitation, program design, and strategic advisory roles. He has supported professionals across Australia, New Zealand, Hong Kong, Singapore, and the UK. Jason is particularly interested in the concept of Host Leadership and collaborated with Dr Mark McKergow on the book "Host: Six New Roles of Engagement." Jason's integration of Solution Focus and Host Leadership has deepened his understanding of this model and provided powerful tools for helping leaders envision the future.

Session Outline:

"The DOQ for Leaders and Teams: Unleashing Potential through Host Leadership and Solution-Focused."

This workshop combines Dr. Mark McKergow's Host Leadership Model and Metaphor, and SF tools with the Dialogic Orientation Quadrants (DOQ) developed by Dr Haesun Moon to expand your leadership approach. Through interactive exercises, explore a 'Hot Topic' using the DOQ framework and tap into the future-focused spaces from Host Leadership's "The Users Guide to the Future." Learn Solution-Focused techniques to scan the Resourceful Past and envision a Preferred Future. Gain insights into Host Leadership roles and positions, and discover how a Solutions Focus helps leaders overcome common myths of change.

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SATURDAY SCHEDULE

SESSION 2 SUSAN COLMAR, JOHN PENNY & SUZY TAPLIN 10:15AM TO 11:25AM

Dr Susan Colmar is an Honorary Associate Professor at The University of Sydney, with over forty-five years' experience as a psychologist and academic. Susan is the author of over ninety publications and is the Editor of Applied Practices within The Journal of Psychologists and Counsellors in Schools.

John Penny, although recently retired, maintains a passionate interest in Solution Focused approaches, especially in schools where he worked for 50 years. Initially, John taught Physics, Mathematics and Science. Next he worked in programs to prevent young people from dropping out of school or getting expelled. He then retrained as a Psychologist. Once introduced to Solution Focused, John used and taught this approach in schools for 25 years firstly as the Manager of Counselling and Behaviour Services, and more recently as a School Psychologist and School Counsellor.

Suzy has worked in a secondary high school in NSW as a coach since 2016, as well as an English teacher since 2003. This involves coaching staff and students using the GROW and SF models.

Suzy also conducts workshops for the Executive Team in aspects of the SF/coaching approach that they can adapt to their work context.

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SATURDAY SCHEDULE

SESSION 2 SUSAN COLMAR, JOHN PENNY & SUZY TAPLIN 10:15AM TO 11:25AM

Session Outline:

Solution Focused approaches with Children and Young People in Educational and other settings

Susan Colmar will report on a Research Project at the University of Sydney.

Suzy Taplin will outline a SF Coaching Program in a Secondary School.

John Penny will reflect on 50 years in Education and lead a discussion on "What works with young people?"

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SATURDAY SCHEDULE

SESSION 3 TIM KENMAN 11:30AM TO 12:30PM

Tim has a private counselling practice in Brisbane's north. He has 20 years experience in the Human Services field and has worked across Government, community organisations and has extensive experience in the education field. Tim has lived in several countries and worked with numerous cultures and people of all ages. Tim has a Masters Degree in Counselling and the work he does is grounded in Narrative and Solution Focused approaches.

Session Outline:

A group discussion and open dialogue using the counsellor's lived experience in the timeline of solution focused work during clinical sessions. As a group, let's share stories and observations about how our clients receive SF inquiries at their first session and how they grow into receiving SF questions throughout their clinical journey all the while reflecting on our practice and how we as counsellors can facilitate those conversations with our clients.

**SESSION TO BE FOLLOWED BY LUNCH
12:30 TO 1:30PM
IN THE PARK BEHIND THE BUILDING**

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SATURDAY SCHEDULE

SESSION 4 SAMUEL MCCOSH 1:30PM TO 2:30PM

Samuel McCosh is a Family Counsellor based in Toowoomba, Queensland. Samuel completed his master's dissertation on SFBT and working with international Chinese tertiary students in New Zealand.

Session Outline:

Counsellors' working with International Chinese Students within Aotearoa New Zealand Tertiary Educational Settings

Samuel will present his research from his Master's Dissertation on working with international Chinese tertiary students in an educational environment. Findings suggest that it is important that the counsellor use a different approach to how they work with Western students as, traditionally, Chinese students will not talk with strangers about their issues. Also, when they go to see the counsellor, they expect them to be directive. Finally, the involvement of parents and family is important and there are many cultural expectations which impact on the day to day lives of this group.

This will be an interactive workshop where Samuel will be looking for new learnings while also presenting what he has learnt in the research.

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SATURDAY SCHEDULE

SESSION 5 TRUDY GRAHAM 2:45PM TO 3:45PM

As a senior executive leader within the Department of Education, Trudy has used Solution Focused approaches in her work with school principals and senior leaders over many years. From individual coaching, to group learning processes, to lifting team performances, Trudy applies and models SF applications to achieve outstanding results.

Session Outline:

Revitalise Annual Performance Planning with SF Tools and Strategy Canvas

Are you tired of the same old compliance-driven routines for performance planning and development?

Revitalise your approach in this practical workshop.

Step by step, Trudy will guide you through an immersive process using the powerful Solution Focused tools and a Strategy Canvas that will completely transform the way you approach performance planning for yourself and your team.

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SATURDAY SCHEDULE

SESSION 6 FRANCES HUBER 4PM TO 5PM

Frances Huber is a psychologist with a particular interest in mindfulness and Vipassana meditation.

Session Outline:

Stop! And connect.

Life is full of go-go-go! Are you constantly super-excited waiting for the next fun thing around the corner? Or are you exhausted and worn-out and feel in need of a nap? Is it easy or hard for you to stop? Stopping can be painful and challenging but also immensely rewarding.

This interactive workshop will ask you to stop, also known as the practice of shamatha, a type of meditation, and builds on what is already familiar to you in SFBT and stretches it a little further.

Sometimes change is not about something new but seeing something through a different lens.

SFBT is full of stopping. When and how? How do our questions and responses impact?

We'll tap into everyone's skills, strengths and resources with lively group brainstorming and discussion with particular focus on how to maximise the benefits of the "art of stopping" for your clients and for yourself!

When you walk out of this workshop you just might notice new ideas bouncing around in your mind, and that you have a smile on your face!

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SUNDAY SCHEDULE

SESSION 1 KATE KOWALSKI AND DAVID HAINS 9AM TO 10:30AM

A discussion with Kate Kowalski on the origins of SFBT
(and other things)

Kate Kowalski studied Social Work at the University of Wisconsin - Madison, but then found herself at the Brief Family Therapy Centre in Milwaukee rubbing shoulders (and intellects) with Steve, Insoo, Eve and the original team who collectively went on to develop the Solution Focused Approach.

David, along with his assistant Emma Burns, will be talking to Kate online as she shares personal reflections and stories of the early days at the BFTC, the development of SFBT, as well as her thoughts on the current world of SFBT.

David is a Mental Health Nurse from Adelaide. He works in a few different places including Headspace (doing Single-Session Therapy), and he runs his own business "Left Turn", running training in the Solution Focused Approach.

David is the former President and a Life Member of ASFA. David & Emma collectively run SFBT training under the name "The Possibilities Lab".

SESSION 2 FINAL REFLECTIONS & LEARNINGS CONVERSATION WITH HAESUN & ADRIAN 11AM TO 1PM

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