



BEHAVIOUR CHANGING STRATEGIES

for Schools and Teachers

BETTER BEHAVIOUR

Better Behaviour workshops provide teachers and their leaders with an overall review of classroom teaching practice and the practical way that this impacts on student behaviour. The workshop details the everyday interactions of teachers and students and draws attention to how these can be modified to get more engaged, respectful relationships and better learning. The workshop details a plethora of small but powerful techniques that focus teachers on meeting students' needs before teaching them specific skills in a sequence that turns challenging behaviour around in an instant.

Key content areas Greg will explore are:

- An overview of the major shifts in behaviour issues in the last ten years of schooling
- Recognising the cause of behaviour issues and proactively preparing a different emphasis in classroom responses so that care comes before punishment.
- Understanding the impact of self-confidence issues such as anxiety and procrastination have on school behaviour management systems and how we need responses that are more therapeutically based rather than discipline driven.
- The potency of use proactive calming checklists such as HALT (Hungry Angry Lonely Tired), FUDN (Frustrated Upset Disappointed, Now what) and TENSE (Tongue Eyes Nose Skin Ears)
- How to work with students to build their Behavioural Intelligence so that they can EXPLAIN behaviours that need to be modified, PREDICT when these are most likely to happen, INFLUENCE the factors that contribute to the problem and becoming better at CONTROLLING the behaviours that cause harm to themselves and others.
- Teaching the "Greet, Serve, Return, Validate" conversation sequence that will transform your school.
- Establishing a set of proactive social skills that are necessary for respectful relationships on all levels while also having an agile set of reactive social skills for specific individuals, groups, and new situations.
- Learning the skill of how to handle difficult behaviours, such as challenging power struggles, with skill and grace.
- Diagnosing difficult behaviours and drawing up action plans that work.
- Building better team structures for teachers so that they get support, feel valued and feel confident in their teaching.
- Over 40 strategies, techniques, hints, lesson hooks and resources



Presented by Greg Mitchell, presenter of the popular 'What to do with...' series of workshops for teachers and schools. With over four decades of teaching experience Greg has taught and tamed the hardest of children and their parents. Greg Mitchell knows that collaboration, innovation, high performance learning, and sound decision-making all hinge on a teacher's ability to form positive relationships with students, teachers, administrators, and parents based on honest advice delivered when it matters most. In over 40 years of teaching Greg has developed an amazing array of frameworks and practical skills that he shares with teachers and students. His highly interactive, visually stimulating, fun-soaked and practical workshops have inspired and instructed sold out audiences of school leaders in how to reach and teach across Australia.