

# Invitation to Deep Nature Work for 2021

Deep Nature Work offers a unique blend of nurturing and personal growth through interaction with our place in nature. The workshops are in beautiful spaces where Nature as a teacher, mirror and nurturer invites you to grow in a supportive and enriching environment. Small group size allows for beautiful connections, shared food, celebration, and creative aspects bring joy and lightness that fill you up. Standard workshops start Friday evening and finish Sunday afternoon. Contact: [koreromai@growingdialogue.nz](mailto:koreromai@growingdialogue.nz)



## Workshop Schedule 2021



19<sup>th</sup> to 21<sup>st</sup> March  
**Courageous Joy**  
The Magic of Joy in daily Life

Societal pressures often squeeze the joy factor out of our lives – together with nature, we are bringing it back. Joy is a powerhouse of energy and allows a change in perspectives even in the toughest moments.



30<sup>th</sup> April to 2<sup>nd</sup> May  
**Deep Nature Foundation**  
Accessing the Magic of Nature

Explore the magic of deep nature work. A nurturing and gentle way to nourish yourself, grow towards your potential and gain tools to stay grounded in daily life. Introduction level, anyone welcome.



21<sup>st</sup> 23 May  
**The lost Art of Intuition**  
Rediscovery of hidden Talents

Accessing our ability to recognise and work with universal flow, to 'co-create' with the world around us, and to bring ease and flow into our lives. This is an introduction to working with intuition in nature and in everyday life.



28<sup>th</sup> /29<sup>th</sup> June TBC  
**Matariki Celebration**  
Honouring the Seasons

Matariki & Star Celebration on an East facing beach; timing and site to be confirmed. This is a celebration more than a workshop, honouring the change of the seasons.



23<sup>rd</sup> to 25<sup>th</sup> July  
**Inspiring Awe**  
Our Ability to create Awe and Inspiration

Nature is a magician when it comes to creating moments of Awe. We can learn from nature as a teacher, bringing 'awe filled' moments into our lives and through this inspiring others.



10<sup>th</sup> to 12<sup>th</sup> September  
**Pathfinder Navigation**  
Exploring our Potential in the World

We are exploring the 4 Pillars of Navigation on our journey through life, crafting a pathway of heightened potential. Starting from a Place of Heart, we navigate with confidence and the joy of exploration.



23<sup>rd</sup> October to 31<sup>st</sup> October  
*(five days during this period)*  
**Deep Nature Journey**  
The Journey of Self through inner and outer Landscapes

This 5 day walk through the beautiful mountains, rivers and lakes brings interconnection and allows us to grow the inner journey as we walk the outer world. A nature quest in the middle of the journey deepens the experience and rewards.



10<sup>th</sup> to 12<sup>th</sup> December  
**Nature Community Celebration**

A Nature Community celebration at our Te Kaainga Tawhai forest; camping out, sharing food around the fire, exploring the river, the forest, and the stars at night. Celebrating the year and each other. Partners and children welcome. 😊

# Further Information on Deep Nature Work...

## Your Facilitators...

Maria Deutsch has facilitated nature coaching, facilitation and deep nature work for many years. She is great at building connections between everyday life's growth and challenges and nature activities that can support us in these places. Maria is a qualified facilitator, coach and trainer and has been working with cross cultural groups for over 20 years.

Scott Nicol has been connecting people to nature for many years – as an environmental campaigner, as an outdoor instructor and as a passionate explorer of nature. Scott is a qualified facilitator and coach and helps people to work better together, to build their leadership potential and develop and grow.

Scott and Maria are also guardians/ kaitiaki of 36ha of native forest which they have cared for these last 27 years and have opened for renewal, learning and nature connection.



## The Sites and Venues...

Most of our workshops are based at a delightful venue with full facilities and shared accommodation (2 beds per room) near St Arnaud. From there we are going out into beautiful and diverse nature settings of forests, rivers and lakes of Nelson Lakes National Park. The nature journey is a multi-day trip into the Park and the December workshop is held in our covenanted magnificent Te Kaainga Tawhai Forest, bordering Kahurangi National Park.



## How does it work....

Deep Nature Work is a blend of personal nurturing, development elements and nature activities, tools and reflections that match the theme of each workshop. There are times working in a circle as a group, times for individual and pair integration and big chunks of time in nature to gain insights, nourishment and connection. For the standard workshops the walks are short and achievable by most people. The journey requires a certain level of fitness and comfort in the outdoors. We can match physical challenges/ disabilities with adapted activities.



## Contributions and Costs...

We offer Deep Nature work to nurture people to grow into their shining selves and deepen their connection to our beautiful planet. To make it accessible to people, we keep the fees to a minimum, though we accept koha if you want to add it to the base costs. We also have barter and payment options if the fee is unachievable for some reason – please get in touch if this is the case.

We ask people to bring:

- \$200 to contribute to venue hire, equipment, travel, etc
- Food to share with the community – we prepare and cook together, having lots of fun and yummy celebratory dinners.



## Tailormade Workshops

We also offer tailor made workshops for different needs, this includes for your team at work, for a group of children, for a group of friends with a special interest, etc. We can offer one day foundation workshops and tailored short nature sessions. Please get in touch to let us know what you are interested in.

You can also find further information about us, and our business "Growing Dialogue" on our website: [www.growingdialogue.nz](http://www.growingdialogue.nz)



Maria and Scott are looking forward to hearing from you at [koreromai@growingdialogue.nz](mailto:koreromai@growingdialogue.nz) and 021-2349917