

**Nelson South Swimming Club – Winter Timetable 2020 – 2.6.2020**  
**Squads Seahorses x2, Bronze x3, Silver x4, Gold x5, National x6.**

|    | Monday  | Tuesday   | Wednesday  | Thursday                                   | Friday  | Saturday  |
|----|---|---|--|--|---|---|
| AM |   |   | National<br>6.00 to 7.30<br><b>Riverside</b>   |  | National/Gold<br>6.00 to 7.30<br><b>Riverside</b> | Silver/Bronze<br>8.00 to 9.00<br><br>Gold<br>9.00 to 10.30<br><br>National<br>9.00 to 11.30<br><br><b>RAC</b> |
| PM | National 7.00 to 8.45<br><br>Gold<br>Silver<br>Bronze<br>7.30 to 8.30<br><br><b>Riverside</b> | Seahorses<br>6.00 to 7.00<br><br>National<br>7.00 to 8.45<br><br>Gold 7.00 to 8.30<br><br>Bronze 7.00 to 8.00<br><br><b>Riverside</b> | National<br>6.00 to 8.00<br><b>RAC</b><br><br>Gold/Silver<br>7.00 to 8.00<br><b>Riverside.</b> | Silver<br>6.00 to 7.00<br><b>Riverside</b> | Seahorses<br>6.00 to 7.00<br><b>Riverside</b>     |   |