



PORN & YOUNG PEOPLE IN AOTEAROA

UNDERSTANDING AND RESPONDING

Equipping school health professionals with the skills and confidence to positively navigate the new porn landscape.

Porn is now a primary sexual learning tool for many young people in Aotearoa, shaping youth sexual culture in new and diverse ways. The Light Project is providing evidence-based professional development workshops for school health and wellbeing professionals working with young people. These two workshops will equip school professionals with knowledge of the new porn landscape and potential impacts of porn, and provide assessment tools, strategies and pathways of care for porn related issues amongst young people in New Zealand.

DETAILS

Workshop 1
Tuesday 18th May, 11am - 1pm

Workshop 2
Tuesday 15th June, 11am - 1pm

www.thelightproject.co.nz
www.intheknow.co.nz

KEY TOPICS COVERED

Workshop 1

Understanding the New Porn Landscape

- **The new online porn landscape:** the porn industry, content, trends, messaging and marketing.
- **NZ young people and porn:** NZ research on youth consumption patterns and behaviours.
- **How porn is impacting young people:** data on the potential impacts of porn on sexual attitudes & behaviours, body image, mental health and sexual health.

Workshop 2

Tools and Strategies for the Workplace

- **Porn literacy tools and strategies:** tools and conversation starters for developing porn literacy skills and critical thinking in young people.
- **Assessment tools and strategies:** tools to assess porn related issues for users and non-users; HEEADSSS; clinical presentations of porn related harm; care pathways for problematic usage; and support strategies and services.

