

INTRODUCTION TO THE MAP OF MEANING



"You can learn it in five minutes, capture it on a postage stamp and use it for the rest of your life."

join an international learning community

You will be part of an international group of people learning how to use the Map.

You will be working with the creators and developers of the Map of Meaning and with expert Certified Practitioners.

We all learn from each other, so it will be a delight to have your input and insights to enrich our programme.

Course starting July 2022

Do you want to know how to easily create more meaning in your life and work?

With the Map of Meaningful Work you will:

- Open the 'black box' of meaning and understand what human beings agree are the dimensions of meaningfulness.
- Use the Map of Meaning to connect this understanding to your own experience of meaning.
- Generate practical outcomes that increase your experience of meaning in many areas of your life and work.

If you:

- are keen to learn about the Map of Meaning
- want to learn about a simple framework that generates 'hard' outcomes in the 'soft' field of meaning
- want to stay connected to what really matters in the constantly evolving situations of work and life
- resolve complex situations into simple practical actions
- want to take the first steps towards becoming a Certified Practitioner

we invite you to be part of this online course.

Limited to 12 people.

Online Course

"The question what's the meaning of life is too big to answer, but we can answer the question what's the meaning of my life today."

Viktor Frankl

Based on this years of empirical research, the Map of Meaning draws into a simple map the intrinsic drivers that lie at the heart of meaningful work and a meaningful life. It is new knowledge for humanity, essential to anyone wanting to make lasting change for themselves and others. In this course you will learn about the Map of Meaning by using it for, and with yourself. This provides the foundational information for people who want to develop their skills in using the Map of Meaning, and is a required course for the Practitioner Training.

The course consists of 4 two-hour sessions

Session One

- Understand how the Map of Meaning is built from our experience of meaningfulness.
- Discover the dimensions that human beings agree make life and work meaningful.
- Learn how these dimensions allow us to understand why meaning comes and goes.



MAP OF MEANING
INTERNATIONAL

Session Two

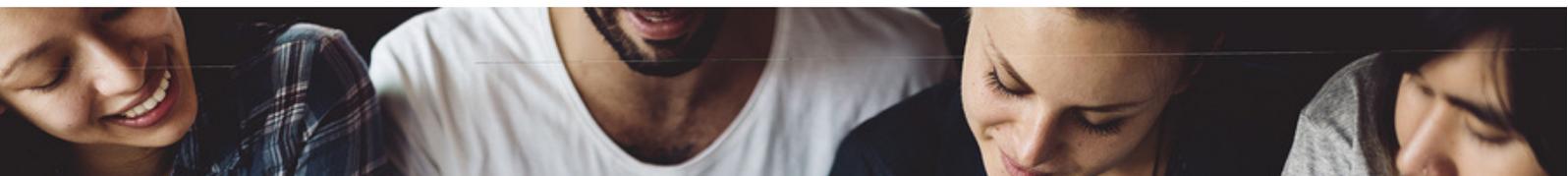
- Make the Map your own – find how you experience this universal framework.
- Understand where you share meaning with others, and how you experience it in your own unique way.
- Use the Map to uncover what truly guides you in life.

Session Three

- Use the Map to look over your past, and what got you to where you are.
- Create a path forward.
- Experience how walking through the Map uncovers the body's knowing.

Session Four

- Learn about the research that underpins the Map of Meaning.
- Distinguish between happiness, purpose and meaning.
- Increase personal cohesion, authenticity, and resilience with the Map.
- Discover what comes next for you with the Map.



"I learnt about the Map of Meaning eight years ago. Since working with it in the class, it's in my body and it's never left. It connects up our intrinsic knowing, our inner searching, and our inner desire for balance. So many people are lost and don't believe they have what they need inside them. If you ever wonder what's the point of my life? What on earth am I going to do? The Map of Meaning guides you to what to look for and what to look at, so you can create your own answers. It's a compass for a journey you are going to make."

Penny Kennedy course participant



“The Map of Meaning helps me move beyond doubt and indecision to action, even in very important things.”

This course is for people who want to use the Map for themselves to build more meaning in their life and work. It is an introduction to the Map of Meaning and is suitable for people who want to learn about the Map and what it offers.

If you want to become a certified practitioner in the Map of Meaning there is a six-month online program that follows this course and for which you are welcome to apply.

You will be required to buy a copy of The Map of Meaningful Work (2017), 2nd edition, because it forms a major part of the course. There is a discount price available when you register for this course.

“I know from my experience of working with the Map that of all the tools, interventions and frameworks I’ve used, this is one that consistently adds value to whatever I’m doing. It always works. It always has an impact and engages everybody. It has rigour, there is a strength to the framework, and sufficient space within that for people to construct their own meaning.”

Steve Tarpey, Human Dimensions - UK

Times

Tuesday

8am United Kingdom

9am Cape Town, South Africa

9am Amsterdam, Netherlands

5pm Sydney, Australia

7pm New Zealand

Session Dates

July 19th

July 26th

August 2nd

August 9th

More information

Contact Lani Morris

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Register or find more information about the Map of Meaning:

www.themapofmeaning.org

Tuition US \$400

